MULE CREEK POST

Volume 2, Issue 3 — May 2022

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of nature's most emotional, also thermophilic flower, has roots in Earth Mother's bosom.
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To Our Readers

by R. Brian Nolet
Editor-in-Chief

AS WE ENTER the heat of summer, readers expect controls over the Russian invasion of Ukraine and food crises to establishes plans for peace (pg. 1). Inside Page of America (episode V: Carolina) takes after court of elevated attorney, also denied the RISE Program at El Dorado in 2021, and talk to parole natural (pg. 6). The high rate of imprisonment of the mentally ill, including those with schizophrenia, is examined as a feature report with P. Lee (pg. 1 & 6), and Kali Money provides a cautionary update (pg. 7).

Inmate Union investigates a bill that seeks to increase gate money from $200 to $1,000 (pg. 1), and we celebrate Asian-Pacific Islander Heritage Month (pg. 9). Environmental Enterprisers Jon Albert sits and provides us and local vet clinic and report assistance is explored in Four Feet Mind (pg. 5), and Earl Breckenridge writes about the debilitating effects of Energy Vampires — people and things that take up one's valuable time and energy (pg. 5); also, Christopher Bryson provides perspectives on the variety of services available through the CTA tablets (pg. 6).

The Prison Policy Institute provides some interesting data on those incarcerated the workforce after confinement (pg. 7), and it might be a good idea to work on your credit score as your prepare to join the working world, with Carolyn Warren's Audit and Protect Your Credit Like the Pro (pg. 15).

The Mule Creek Post's final sponsor, David Greenwald of Davis Vanguard, teamed up to talk newspaper business in Mule. One of the topics was an evidence-based hybrid version of the Post, so please participate and remember to be featured on the tablets in the near future, a cooperative project with the San Quentin News to plan to the world with Inner Vanguard Issues (SQNews' editor-in-chief now the executive director of Friends of the San Quentin News).

"Gate Money" Bill to Increase Assistance

by Ashlee Sweet
Staff Writer Reporter

WHEN THE PRISON gates open days after release, inmates are given only what they have with nothing. They are awarded a $200 debit card. The $200 amount has not been increased since 1977, and if adjusted for inflation, it represents $950.49 in 1977 value. This $200 is to assist with transportation, clothing, meals, housing, and other necessities, and it unfortunately doesn't go far.

The state's corrections realize that the status quo leaves the ladies's (inmates) leaves were released as ex-offenders in a desperate situation. With that in mind, a new bill, SB 1394, authored by CA Senator Scott Wiener (D) - Los Angeles, is scheduled to be heard by two legislative committees. The bill seeks to raise the amount to $1,000.

There are approximately 96,000 California prisoners as of February 16, 2022. A number expected to increase to approximately 131,493 by June of this year according to California Department of Corrections and Rehabilitation statistics. The majority of these prisoners will return to their communities at some point. The $1,000 increase would be of significant help to people leaving confinement with a felony on their records, along with a plethora of other barriers that hampers a smooth transition to the free world.

The extra amount would be especially helpful to those who have no family or other support system. Senator Weiner points out the decreasing the recidivism possibility of those returning to the community is an important and crucial successful reality. "We incarcerate people because of a person, then focus so much attention on the dollar, and then release them with almost zilch," said SB1394. Weiner's protest to Twitter. "It's not like economic violence and it's over as soon."

Source: Wikipedia

CCCR Commissioner Jeffrey Beard (center) and CCCR Chairman Bill Thomas (right) tour a Ukrainian refugee camp.

MCSP Locals Empathize with Ukraine

by Ellie Brinkman, Staff Writer

AS RUSSIAN FORCES continue their attack on Ukraine, the world leaders have their plea for peace, in what has been described as "the greatest refugee crisis since WWII" millions have fled their homes, seeking refuge in neighboring countries in Eastern Europe, and as far away as England and Canada.

"I think it's disgusting," said Mule Creek resident J.P. Rockwell. "It seems like a personal war of Putin's doing. There's no consideration for the welfare of the Ukrainian people. Women and kids are all the force are needlessly lost."

"I feel so bad for the Ukrainian people and their suffering," said Frank Wells (J-cell). "I think my main fear is a world where we're supposed to be working. Here's such blatant disregard for humanity. Where is the empathy?"

Since the illegal annexation of the Crimean Peninsula (by Russia) in 2014, many Ukrainians have turned away from Moscow and toward the West with popular support for joining Western alliances such as NATO and the European Union.

The Rada, the Ukrainian parliament, formed out of the province Soviet legislature, voted to declare independence from the Soviet Union in 1991. In December of 1994, after the Soviet collapse, Ukraine was left with the world's third-largest nuclear stockpile. In a treaty, called the Budapest Memorandum, Ukraine agreed to hand over its intercontinental ballistic missiles, warheads, and other nuclear infrastructure in exchange for guarantees that the three other treaty signatories: the U.S., the U.K., and Russia —will "respect the independence and sovereignty and existing borders of Ukraine."

"This was foreseeable," says Walter Dresher (Bldg. 19). "Putin wanted to re-establish the old USSR, and now he's doing it."

Volodymyr Zelenskyy was elected Ukrainian president in April 2019, as a landslide winner of the prior administration. Efforts at solidarity to show the conflict (and violence) with Russia were evident. Rosen Vegas' first invasion of the Ukraine in February.

Schizophrenia and the Incarcerated

by P. Lee, Staff Reporter

MENTAL HEALTH ISSUES have become a predominant area of concern for the nation's prisons. Difficult to diagnose and treat, American prisoners with mental illness find themselves in a system ill-equipped to deal with the complexities of the human mind, and are at the mercy of those whose primary aim is punitive custody.

Since the mass closing of asylums and mental health institutions, jails and prisons have become the primary method of care for the nation's mentally ill. For those criminal institutions lack the therapeutic environment necessary to help those with various mental illness treatments.

I'm very amazing as any prison in the United States, one is likely that the incarcerated waiting in long lines or pick up a variety of psychiatric medications prescribed for health diagnosed psychiatric disorders. These psychiatric disorders can range from mild neurosis to more advanced cognitive dysfunction, such as schizophrenia.

Those with schizophrenia have an increased risk of incarceration over those with milder psychiatric disturbances or no mentioned, delusions, visual, aural, auditory, irrational thought processes, disturbed affect, visual, thinking patterns, are a few of the things schizophrenics

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