MULE CREEK POST

Volume 1, Issue 11 — November 2021

RECOVERING FROM PROSTATE CANCER
Cancer survivors share their struggle and lessons learned

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DISCOVERING OUR NATIONAL TREES
Learning some little-known facts about America's impressive national flora

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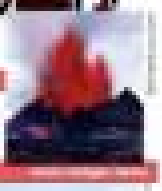

To Our Readers

by E. Rose Reid
Editor-in-Chief

As 2021 DRAWS to a close, we celebrate Men's Cancer Awareness, Homeless Youth Awareness, and National American Indian Heritage months. U.S. District Court Judge Jon Northern Californio, last Tuesday that all prison guards and staff face mandatory vaccination. Governor Newsom joins the mandate and Tupe salutes. "The question of mandatory vaccines is complex. In this case, however, the arguments have already been settled. No new challenges the process make that COVID-19 poses an fundamental pandemic." Over 700,000 Americans have been killed due to the virus.

Project 500 — a cooperative effort of the education department, administrative staff, community resource managers and prisoner workers to raise funds for worthy causes — initiated a fund raiser to benefit Critter Ear shelter in September. Our readers are encouraged to peek in to give back to our community. Project 500 is still fundraising generously fundraising to bridge the gap for local causes in the wake of flooding. Donations of all kinds are welcome.

We are seeing visiting administrators from the rest of Mule Creek State Prison. Communication is there, but we believe that through the administrative department and other workers we will be able to resume many of your submissions. Send your stories and essays, guidelines are on page 7.

We are expanding Tales Learn 50 questions to get our lifetime speaking readers ready for the Board of Parole Hearings (pg. 9) and the parole processes. Graduation and a growing take on "Tales Beg of Remembrance for Veterans" this month. We'd like to thank our readers and contributors for their support and collaboration.

Students Craft Memorial Bench

by Kyle A. Bumbershoot
Features Reporter

SEPTEMBER 20 EVENT, Senator Pleasance Wade, Sr. interviewed two officers from Mule Creek State Prison who have overcome suicidal ideation, and psychologist Dr. Ira Jones joined the Suicide Prevention Memorial Bench.

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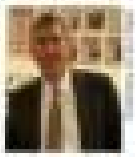
Court Mandates Vaccines for CDCR Staff

by Christopher Kaiser
Staff Reporter



On SEPT. 7th U.S. District Court Judge Jon Tupe made history by ordering that any employees must be vaccinated in order to keep their jobs. Tupe ordered California officials and the California Correctional Peace Officers Association (CCPOA) to devise a method for mandatory vaccination of employees and potentially its inmates as well.

In a number of the class-judge panel has had appointed federal receivership to manage the California Department of Corrections and Rehabilitation (CDCR) health care system. Tupe expressed his concerns on the lack of medical care and the conditions inside California prisons. "The question of mandatory vaccines is complex." he wrote in the 12-page order. "In this case, however, the arguments have already been settled. No new challenges the process make that COVID-19 poses an fundamental pandemic." The department is

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Facility E Holds Walkathon During National Suicide Prevention Week

Facility E Holds Walkathon During National Suicide Prevention Week

by Christopher Kaiser
Staff Reporter

THE SUICIDE PREVENTION walkathon held September 9 and 10 on Facility E in Mule Creek State Prison, provided an opportunity to reflect upon the impact of suicide.

Statistics indicate an increase in suicide among some populations. Interestingly, there are no data to explain such rises in the United States as there are fluctuations. During the past decade, the prison population has experienced an upward trend of suicides and depression beyond any general statistical rises that accompanies increases.

Steven Jones described his personal battle with suicide ideation, which has led to three suicide attempts. "I started cutting (myself) in the eighth grade," recalled Jones. After a diagnosis of mental illness, he was prescribed medications. "Pills just made things worse," said Jones. In 2001, he tried another method in a second. Steven pointed to the left arm that bears a prominent scar. Jones continued, that attempts to end struggles with mental health "It's a sucky thing," he said.

"If you feel depressed or overwhelmed, or someone knows," said walkathon greeter and recreational therapist I. Williams. "Or if you see prisoners who looks down, walk on and talk if they are okay. You could save someone's life."

Williams walked himself in the event and hoped visitors in prisoners would see prisons a hope-saving place. "This is our second one," the

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Transgender Day of Remembrance Acknowledges Plight of Victims

by Angie S. Gomez
Staff Reporter

NOVEMBER 11 IS Transgender Day of Remembrance, recognized worldwide and dedicated to those who have lost their lives to anti-transgender violence. The day seeks to remind of acknowledgement and remorse for the struggles endured by those victims, in addition, it is also intended to signify political engagement with the cultural conditions that cause that those deaths.

Trans people live close to an alarming rate in the United States, as documented by the Human Rights Campaign Foundation, which in 2019 reported that between 2013 and 2019 there were 131 fatal anti-transgender incidents, 83 percent of which were against trans women of color. Nevertheless, the lack of official data makes the scope of the task difficult to track. Critical researcher Dr. Dodo Lowing and her colleagues argue that "any gap and know the scope of contemporary violence against transgender people for the safety is costly."

Dominant violence often triggers distant public reactions, such as the opinion that victims are somehow responsible for the harm that befalls them. Such violence often have distinct charac-

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