

MULE CREEK POST

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COCOA guests have a long history of going above and beyond in service to the community.
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To Our Readers

By G. Anne Smith

WELCOME TO START the weekend in the spirit and with a warm heart. The weekend is a time for relaxation, reflection and rest as well as the joy of family and friends. We at Mule Creek Post are happy to bring you the latest news and information from the community. We hope you enjoy the stories and photos that we bring you. We are committed to providing you with the best news and information from the community. We hope you enjoy the stories and photos that we bring you. We are committed to providing you with the best news and information from the community.



Life Support Alliance Hosts Workshop

By G. Anne Smith

IF YOU'VE ATTENDED a workshop led by John Clark, then chances are you've heard about "Living the Way." It is a process of exploring one's life and values in relation to the spiritual, physical, emotional, and mental aspects of life. The workshop is designed to help individuals explore their own values and beliefs, and to develop a plan for living in a way that is consistent with those values and beliefs. The workshop is a two-day event, and it is held at the Life Support Alliance. The workshop is open to anyone who is interested in exploring their own values and beliefs, and it is a great opportunity for individuals to learn from each other and to develop a plan for living in a way that is consistent with their own values and beliefs.

John Clark is a life coach and a speaker. He has helped many individuals to explore their own values and beliefs, and to develop a plan for living in a way that is consistent with those values and beliefs. He is a life coach and a speaker. He has helped many individuals to explore their own values and beliefs, and to develop a plan for living in a way that is consistent with those values and beliefs. He is a life coach and a speaker. He has helped many individuals to explore their own values and beliefs, and to develop a plan for living in a way that is consistent with those values and beliefs.



National Lesbian, Gay, Bisexual, and Transgender Pride Month

By G. Anne Smith

THE COMMUNITY of Mule Creek Post is proud to celebrate National Lesbian, Gay, Bisexual, and Transgender Pride Month. This month is a time for the community to come together and to celebrate the lives of all individuals, regardless of their sexual orientation or gender identity. We are committed to providing a safe and welcoming environment for all individuals, and we hope that this month will be a time for the community to come together and to celebrate the lives of all individuals, regardless of their sexual orientation or gender identity.



The rainbow flag is a symbol of the LGBTQ+ community. It is a flag with six horizontal stripes of equal width, representing the colors of the rainbow. The flag is a symbol of pride and of the diversity of the LGBTQ+ community. It is a flag that is used by individuals and organizations to show their support for the LGBTQ+ community and to celebrate the lives of all individuals, regardless of their sexual orientation or gender identity.

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